

**Self Management Symptom Progression - Mania**

<b>Mild Form of Symptom (Mania)</b>	<b><i>Moderate Form of Symptom (Mania)</i></b>	<b>Severe Symptom (Mania)</b>
<b>Mood</b>		
<b>Behavior</b>		
<b>Thoughts</b>		

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